

Texas Girls Coaches Association

2023 REGION I & II LUBBOCK ALL SPORTS CLINIC

Sponsored by The Texas Girls Coaches Association

Coronado High School

4910 29th Dr, Lubbock, TX

June 8, 2023

Cost of Attendance: \$80.00 (2023 -24 Membership Card Included)

Time	Event	No.	Site
Thursday, June 8			
7:00 - 8:30 am	Registration for Coaches		
8:30 - 9:20 am	Session One		
	Middle School Volleyball Lecture <i>Dana Hill - Lubbock-Cooper High School</i> <i>"Practice Organization"</i>	#1	Back Gym
	Basketball Lecture <i>Chris Hightower - Muenster High School</i> <i>"Our Defensive Philosophy"</i>	#2	Spectator Gym
	Track Lecture <i>Larry Hoelscher - SA Central High School</i> <i>"Simplifying the Coaching Progress of High Jump"</i>	#3	Room 215
	Football Lecture <i>Jeffrey Wills - Coronado High School</i> <i>"Offense"</i>	#4	Library
9:30 - 10:20 am	Session Two		
	Volleyball Lecture <i>Jennifer Vaden - Jordan High School</i> <i>"1st Touch Contact Drills"</i>	#5	Back Gym
	Middle School Basketball Lecture <i>Ashley James - Coronado High School</i> <i>"Developing Offensive & Defensive Fundamentals"</i>	#6	Spectator Gym
	Cross Country Lecture <i>Larry Hoelscher - SA Central High School</i> <i>"Training CC with a Focus on the AT"</i>	#7	Room 215
	Football Lecture <i>Grant Aschenbeck - Monterey High School</i> <i>"Defense"</i>	#8	Library

Time	Event	No.	Site
Thursday, June 8			
9:30 - 10:20 am	Cheerleading Lecture <i>Kim Buie - Varsity Spirit</i> <i>"Stunt Tricks: Grips, Dips and Preps"</i>	#9	Upstairs Gym
10:30 - 11:20 am	Session Three Basketball Lecture <i>Chris Hightower - Muenster High School</i> Track Lecture <i>"Half Court Sets & Inbounds"</i> <i>Larry Hoelscher - SA Central High School</i> <i>"Scheduling for Success in Track"</i>	#10 #11	Spectator Gym Room 215
11:30 am-12:20 pm	Football Lecture <i>Zane Graves - Lubbock High School</i> <i>"Offense"</i> Cheerleading Lecture <i>Kim Buie - Varsity Spirit</i> <i>"Strength & Conditioning for Cheer Athletes"</i>	#12 #13	Library Upstairs Gym
12:30 - 1:20 pm	Lunch Session Four Volleyball Lecture <i>Jennifer Vaden - Jordan High School</i> <i>"Transition to Attack Drills"</i> Middle School Track Lecture <i>Michael Sparks - Lubbock High School</i> <i>"Developing a Mile Relay"</i> Strength & Conditioning for Middle School <i>Carson Ratliff - Coronado High School</i> <i>Jacob Roark - Monterey High School</i>		Cafeteria
	Cheerleading Lecture <i>Jamie Graham - Varsity Spirit</i> <i>"UIL - Spirit Specific Information"</i>	#14 #15 #16 #17	Back Gym Room 215 Auditorium Upstairs Gym
1:30 - 2:20 pm	Session Five Middle School Volleyball Lecture <i>Caroline Cleveland - Abilene High School</i> <i>"Vertical Alignment"</i> Middle School Basketball Lecture <i>Brandon Hudson - Abilene Cooper High School</i> Cross Country Lecture <i>Larry Hoelscher - SA Central High School</i> <i>"Staffing, Relays, Training ... I Am An Open Book"</i> Wrestling Lecture <i>Richard Leal - Lubbock High School</i>	#18 #19 #20 #21	Back Gym Spectator Gym Room 215 Room 217

Time	Event	No.	Site
Thursday, June 8			
1:30 - 2:20 pm	Cheerleading Lecture <i>Jamie Graham - Varsity Spirit</i> <i>"2024 State Championship Updates"</i>	#22	Upstairs Gym
2:30 - 3:00 pm	Sam Tipton - Executive Director, TGCA Keynote Speaker <i>Bailey Maupin - Texas Tech Lady Raider</i>		Auditorium
3:00 - 4:00 pm	Session Six UIL CCP - Badges Must Be Scanned <i>Dr. Charles Breithaupt - UIL Executive Director</i>	#23	Auditorium